

Directions: For children 3 years of age and older, take four (4) gummies daily. May be taken with or without food. Chew each gummy thoroughly.

Supplement Facts

Serving Size 4 Gummies
Servings Per Container 30

Amount Per 4 Gummy Serving	% Daily Value	
	3 Years of Age	4 Years and Older
Calories	30	
Total Carbohydrate	7 g	** 2%†
Sugars	5 g	**
Vitamin A (as retinyl palmitate USP)	1000 IU	40% 20%
Vitamin C (as ascorbic acid USP)	40 mg	100% 67%
Vitamin D (as cholecalciferol USP)	600 IU	150% 150%
Vitamin E (as d-alpha-tocopherol from sunflower oil)	20 IU	200% 67%
Thiamin (as thiamine mononitrate USP)	0.05 mg	7% 3%
Riboflavin USP	0.17 mg	21% 10%
Vitamin B-6 (as pyridoxine hydrochloride USP)	1.33 mg	190% 67%
Folate (as L-methylfolate, calcium salt)	200 mcg	100% 50%
Vitamin B-12 (as methylcobalamin)	67 mcg	2222% 1111%
Biotin USP	30 mcg	20% 10%
Pantothenic acid (as calcium D-pantothenate USP)	1 mg	20% 10%
Iodine (as potassium iodide USP)	100 mcg	143% 67%
Zinc (as zinc citrate USP)	3 mg	38% 20%
Sodium	15 mg	** < 1%
Fish Oil	340 mg	** **
Total Omega-3 Fatty Acids	100 mg	** **
EPA (Eicosapentaenoic Acid)	56 mg	** **
DHA (Docosahexaenoic Acid)	44 mg	** **
Choline (as choline citrate)	12 mg	** **
Inositol	20 mcg	** **

† Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

LBKCCB120R2

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Gelatin, Pectin, Citric Acid, Natural Flavors, Colored with Organic Black Carrot Juice Concentrate.

Omega 3 Fish Oil from Sustainable Fisheries, Small Fish Only