

KIDS COMPLETE

120 GUMMIES

Directions: For children 3 years of age and older, take four (4) gummies daily. May be taken with or without food. Chew each gummy thoroughly.

Supplement Facts

Serving Size 4 Gummies

Servings Per Container 30

Amount Per Serving		% Daily Value	
		3 Years of Age	4 Years and Older
Calories	35		
Total Carbohydrate	8 g	**	3%†
Sugars	5 g	**	**
Vitamin A (as retinyl palmitate USP)	1000 IU	40%	20%
Vitamin C (as ascorbic acid USP)	40 mg	100%	67%
Vitamin D (as cholecalciferol USP)	600 IU	150%	150%
Vitamin E (as d-alpha-tocopherol from sunflower oil)	20 IU	200%	67%
Thiamin (as thiamine mononitrate USP)	0.05 mg	7%	3%
Riboflavin USP	0.17 mg	21%	10%
Vitamin B-6 (as pyridoxine hydrochloride USP)	1.33 mg	190%	67%
Folate (as L-methylfolate, calcium salt)	200 mcg	100%	50%
Vitamin B-12 (as methylcobalamin)	67 mcg	2222%	1111%
Biotin USP	30 mcg	20%	10%
Pantothenic acid (as calcium D-pantothenate USP)	0.7 mg	14%	7%
Iodine (as potassium iodide USP)	100 mcg	143%	67%
Zinc (as zinc citrate USP)	3 mg	38%	20%
Sodium	15 mg	**	< 1%
Fish Oil	340 mg	**	**
Omega-3 Fatty Acids	125 mg		
EPA (Eicosapentaenoic Acid)	56 mg		
DHA (Docosahexaenoic Acid)	44 mg		
Choline (as choline citrate)	12 mg	**	**
Inositol FCC	20 mcg	**	**

† Percent Daily Value (DV) based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Gelatin, Pectin, Citric Acid, Natural Flavors, Colors Added (Annatto, Organic Turmeric, Organic Black Carrot Juice Concentrate).

Omega 3 Fish Oil from Sustainable Fisheries, Small Fish Only